RUN THE BLUE LINE®

PARTICIPANT AND SPECTATOR GUIDE

*Information not final. Final Instructions available two weeks prior to race day

FRIDAY

Health and Fitness Expo & 20 year Experience:
John S. Knight Center
77 E. Mill St, Akron

11:00 a.m. - Doors Open 9:00 p.m. - Doors Close

Kids Fun Run:

Start: 300 S. Main St, Akron, OH 44308

Finish: Akron Civic Theatre

182 S. Main St. Akron

Post Race Activities: Lock 3

200 S. Main St, Akron 6:00 p.m. - Race Start 6:45 p.m. - Course Closes

RACE WEEKEND AT A GLANCE





SATURDAY

FirstEnergy Akron Marathon, Half

Marathon & Team Relay: Start: Akron Art Museum

1 S. High St. Akron

Finish: Akron Civic Theatre

182 S. Main St, Akron

Finisher Festival: Lock 3

200 S. Main St, Akron

6:00 a.m. - Race Announcements

6:59 a.m. - Wheelchair Division Start

7:00 a.m. - Marathon, Half Marathon &

Team Relay Start

1:40 p.m. - Course Closes 1:45 p.m. - Lock 3 Closes

TAKE A LOOK INSIDE

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Kids Fun Run Presented by Akron Children's Hospital

Start/Finish - Downtown Akron o Course map on page 12

5:00 p.m. Bib pickup opens
6:00 p.m. Race Start/post-race
activities start
6:45 p.m. Course Closes

7:15 p.m. Post-race activities close

- FREE 1-mile fun run for children 12 years of age and under
- All participants receive a gift, medal & healthy snack.

SPECTATOR INFORMATION

*Watch the start of the race north of the starting line. Spectators are not allowed inside the start line corrals.

*Walk east one block using Market St towards Mile 3.7 (corner of Broadway St and Market St).

*Walk south 3 blocks and turn left on University Ave. near mile 11.3

*Walk 2 block west to Main St. to see runners as they finish.

RACE APP

Runner tracking, race information and course maps can be displayed in the palm of your hand with the Akron Marathon Race Series app. The app also features a leaderboard, post-race results, photo filters, and links to the latest race news. Runner tracking will update when participants cross over the timing mats located at each relay exchange zone, mile 13.1, 25.8 (full/relay), and the finish line.



Location: John S. Knight Center 77 E. Mill St, Akron, OH 44308 Time: 11:00 a.m. to 9:00 p.m.

You will receive an email race week with your bib number. Please know your bib number prior to arriving.

All runners MUST pick up their packets on Friday, September 23, 2022. The packet includes a drawstring bag, 20 year hat, and race bib with timing device. Runner shirts are located at the end of the expohall. Each runner should pick up his or her own packet. There is NO packet pick up the day of the race. If you are unable to attend, race packets may be picked up by a friend or family member who must verify the runner's registration information.



Bib Information

Participants must pin the bib on the front of their shirt. Safety pins will be provided.

It is imperative that the registration data associated with your race number belongs to you, the participant. While it may seem harmless to run under an unauthorized number, it conveys serious consequences to the organizers and the participant field alike. Correct information allows medical staff to correctly identify participants in need of treatment and ensures accuracy of race results and awards.

Please take care not to bend or cut your race bib, in doing so you may damage your timing device.

Series Participants!

For 2022, you will pick up your series medal rack, only for those registered by the 6/20 deadline, with your race shirt just before exiting the expo hall. You will be awarded your series medal at the finish line after you receive your race medal.

Relay runners, who are not the final leg, can pick up their series medal at the information booth inside Lock 3.

This year's Health & Fitness Expo will feature:

- 20 Year Experience: This experience will Include a museum highlighting race memorabilia through the years, interactive displays, and photo opportunities.
- Blue Line Celebration Stage: Located in the main exhibit hall. Will feature speakers, celebrity runners, yoga classes, and more!
- Runners Lounge: Located at the center of the exhibit hall. This will be a place where runners can stretch, get KT taped, and relax before their big race.
- Vendor booths: Surrounding the Runners Lounge, there will be various race vendors to shop and visit for any last minute race-day needs.
- Merchandise store: Located on the ground level of the exhibit hall. Will Feature 20 year branded merchandise items and more!

START

Wave Start

The race will start in 6 waves. There will be 900 participants per wave. Each wave will walk up to the Start Line and have their own starting commands.

Each participant will have a designated wave based on pace selected during registration. Wave number will be indicated on your race bib.

Corrals

Participants should begin loading into their respective corral 30 minutes before race start, race starts at 7:00 a.m. There will be wave and pace signs which indicate where to line up inside the corral.

All runners' times begin when they pass over the Start Line timing mats. Wave placement will not affect the final race time or place in the race (except for overall winners which is based on gun time).

The timing mats are removed shortly after the final runner in wave 6 crosses the starting line. If you are not at the start line, at this time, you will not have official race time

Medical

For any medical needs Summa will be located at the start line near the information booth on the plaza at the John S. Knight Center.

Information Booths: will be located at the Health and Fitness Expo, Start Line, and Finish Line to help with any race related questions or issues. Location: 1 S. High St, Akron

6:00 a.m. - Announcements Begin 6:59 a.m. - Wheelchair Division Start 7:00 a.m. - Marathon, Half Marathon & Team Relay Start

Parking

Free parking, at designated city decks and lots, is available throughout downtown on race day. It is recommended to be downtown before 6:00 a.m.

If you are a relay member coming into town after 6:50 a.m. roads will start to close along the course route. Please plan accordingly and park in the recommended decks and lots. Also, keep in mind that certain lots and decks along Broadway and High St will have delayed exiting of 10:30 a.m.

Spectators

The starting corrals are for participants only! We ask that all spectators view the start north of the Starting Line. This will reduce congestion and allow ample space for participants and spectators alike.

Gear Check

Gear Check drop-off and pick-up will be located on the corner of Main St and Buchtel Ave. You can drop your gear before heading to the start line. Do not place money, keys, or valuables in your gear check bag. Clear bags will be available at the Health and Fitness Expo and at the Gear Check tent on race morning. Only items in clear bags will be accepted.

KultureCity: Sensory Inclusion

The Akron Marathon has teamed up with KultureCity to help those who may need additional support in the race environment. Sensory bags will be available at the information booths located at the Health and Fitness Expo, Start Line, and Finish Line.

COURSE

Provisions

<u>Restrooms:</u> Portable restrooms will be available throughout the course, including the start and finish lines, fluid stations, relay exchange zones, and shuttle loading area. Of those restrooms, half will be designated for women and equipped with tampons.

<u>Fluids:</u> As you approach a fluid station, lemon lime Gatorade will be available first followed by water. It is recommended to carry your own fluid. There will be an area to refill bottles at the end of each fluid station. We do not recommend taking food or fluids from non-official locations.

<u>Energy:</u> GU salted caramel and tri-berry energy gels will be provided at 3 locations along the Marathon course. Runners that require energy gel earlier or at different times should plan to be self-supported.

<u>Medical:</u> There will be medical aid stations available to runners throughout the course, Start Line, and Finish Line. Summa Health will coordinate all medical assistance during this event.

There will be NON-MEDICAL aid shuttles to transport runners, who choose not to continue the race, from the aid tents back to the Finish.

NSAID's (Non-Steroidal Anti-inflammatory Drugs such as Advil, Aleve, Ibuprofen, etc.) are not recommended the few days before the race and will NOT be provided at aid tents. NSAIDs, especially in a dehydrated runner, can adversely affect the kidneys and can increase the risk of hyponatremia (low blood sodium). Tylenol will be available.

Prohibited

For the safety of our runners, the Akron Marathon does not permit: pets, skateboards, scooters, strollers, bicycles, roller blades, baby carriers, or any other types of vehicles (other than official Marathon vehicles and bicycles) on the course. The Akron Marathon reserves the right to disqualify and remove anyone from the course who has any of the above items or does not act in a safe manner.

Non-registered runners are not permitted to run or walk within the boundaries of the official marathon course. It is important that family and friends NEVER cross the Finish Line or enter the finish zone which begins approximately 2/10 mile before the finish. Course monitors and police will be stationed throughout the course; ensuring only registered runners are on the course.

Closure

Course Limit: The marathon course is officially open for six and a half hours after the last person crosses the Start Line; equivalent to approximately 14:53 per mile marathon pace. The half marathon route will remain open for three and a half hours, equivalent to a 16:02 per mile pace. Runners slower than this pace will be asked to move to the sidewalk or board the SAG – course closure vehicle. The Finish Line, medical aid stations and fluid stations will remain open for a six-and-a-half-hour pace and close on schedule.

Full marathon and relay teams need to be at the split at mile 11.5 by 10:05 a.m. to continue on to the full course.

Signage

Located at each aid station, as well as each Relay Exchange Zone, there will be a color-coded flag system to update participants on the course alert level. Please see chart for details.

ALERT LEVEL	EVENT CONDITIONS	RECOMMENDED ACTIONS
EXTREME	Extreme & Dangerous Event Cancelled	Participation stopped Follow event official instructions
HIGH	Potentially Dangerous	Slow down Observe course changes Follow official instruction Consider stopping
MODERATE	Less than ideal	Slow down Be prepared for worsening conditions
LOW	Good	Enjoy the event Be alert

As you approach all Relay Exchange Zones and the split for the Half Marathon you will see color coded signs that match your bib color. Please stay to the side of the road that corresponds to your bib color for a hassle- free transition through these critical points.

М	MARATHON
Н	HALF MARATHON
R	TEAM RELAY

FINISH LINE

Akron Civic Theatre - 182 S. Main St.

Finish

After you cross the Finish Line you will continue on Main St to receive your water, medal and series medal, for series participants. Marathon and Half Marathon runners will be given a Heatsheet to keep warm. If you are in need of medical attention there will be a medical tent on Main St before you turn into Lock 3.

As you enter Lock 3. There will be an information booth, merchandise tent and restrooms. Near the band stage you can redeem your beer, food, and pizza tickets.

A medal engraving tent will be located at the back of Lock 3 as you exit. For medal engraving use the race app or visit AkronMarathon.org/results to view your finish time. Ritchie's Sporting Goods is providing the service for a \$10 fee. You may pre-register and pay for the service during registration or pay onsite.

To exit Lock 3, please utilize either the alley or the towpath trail on the south side, which leads to the brick road/Main St. or Lock 4 on the north side which leads to Bowery St.



Family Reunion

There is a designated family reunion space in the grass across from the information booth inside of Lock 3. Spectators should meet their runners in this space. Please do not wait in front of the lane runners are using to enter into Finisher Festival. Please designate a reunion location and meeting time (i.e. 30 minutes after your anticipated finish time) prior to starting your race.

Lost and Found

Lost items will be taken to the information booth located at the finish line. Items left at the race will be taken to the Akron Marathon office and kept for 2 weeks.

Results and Awards

For final results and live updates visit AkronMarathon.org/results.

Prize Money

	Marathon Open Men Open Women Masters Men Masters Women				
1st Place	\$2,500	\$2,500	\$500	\$500	
2nd Place	\$1,500	\$1,500	\$375	\$375	
3rd Place	\$1,000	\$1,000	\$250	\$250	
Ohio Resident This prize money is awarded to the first 3 men and women to finish the marathon who are residents of the state of Ohio at the time of the race regardless of age.					
1st Place	Open Men \$750	S750			
1st Place	\$750	\$750			
2nd Place	\$500	\$500			
3rd Place	\$250	\$250			
Half Marathon Open Men Open Women Masters Men Masters Women					
1st Place	\$1,000	\$1,000	\$400	\$400	
2nd Place	\$750	\$750	\$300	\$300	
3rd Place	\$500	\$500	\$200	\$200	

Overall Awards

An award ceremony will take place at 8:35 a.m. for the Half Marathon and 10:10 a.m. for the Full Marathon.

Age Group Awards

Top three Male and Female Marathon and Half Marathon finishers in all age categories will receive awards: 19 and under, 20-24, 25-29, 30-34, 35-39, 40-44, 45-49, 50-54, 55-59, 60-64, 65-69 and 70+. You can win only one award. Overall and masters winners are taken out of age group awards.

Team Relay Awards

Top three teams in the Men's, Women's, Mixed, Masters Men's, Masters Women's, and Masters Mixed categories of the 5-Person Team Relay will receive awards.

Wheelchair Division Awards

Top Male and Female Marathon will receive awards.

All age group, team relay, and wheelchair awards will be mailed 4-6 weeks after the race.



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1 - (-	DISTANCE	SIARII	-UCATION

#1	4.2	1 S. High St
#2	6.9	10 E. Mill St
#3	5.8	245 Wolf Ledges Pkwy
#4	4.5	1300 Sand Run Pkwy
#5	4.8	1565 Fairfax Rd

Transportation

The provided shuttle service is highly encouraged as driving and parking are extremely limited in some areas. Relay legs 1, 2 & 3 will walk to the start of their legs in downtown. Relay legs 4 & 5 should park downtown and take the shuttle to the start of their relay leg.

Shuttle Times:

Leg 4 - Downtown to Sand Run: 7:15 a.m.-10:15 a.m.

Leg 5 - Downtown to Firestone CLC:

7:30 a.m.-11:15 a.m.

Gear Check

Gear Check drop-off and pick-up will be located on the corner of Main St and Buchtel Ave. You can drop your gear before heading to your relay exchange zone. Do not place money, keys, or valuables in your gear check bag. Clear bags will be available at the Health and Fitness Expo and at the Gear Check tent on race morning. Only items in the clear bag will be accepted.

NEW! Timing Belt

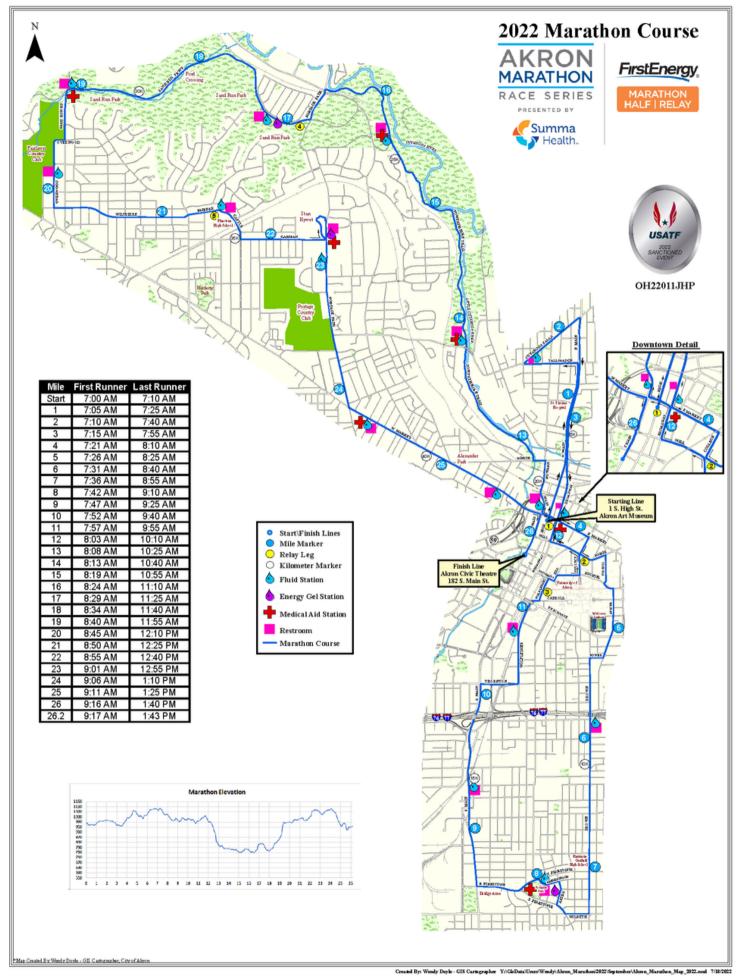
Each relay member will have their own bib along with a team bib that contains a timing chip. The team bib will be secured on a race belt which will be passed from one relay runner to the next. The person running the first leg of the relay should pick up the team's belt at the Expo on Friday. Additional belts will be available at the information tent at the Start Line on race morning. Each relay member will also have a second bib to be attached on the back of the shirt, denoting them as relay participants.

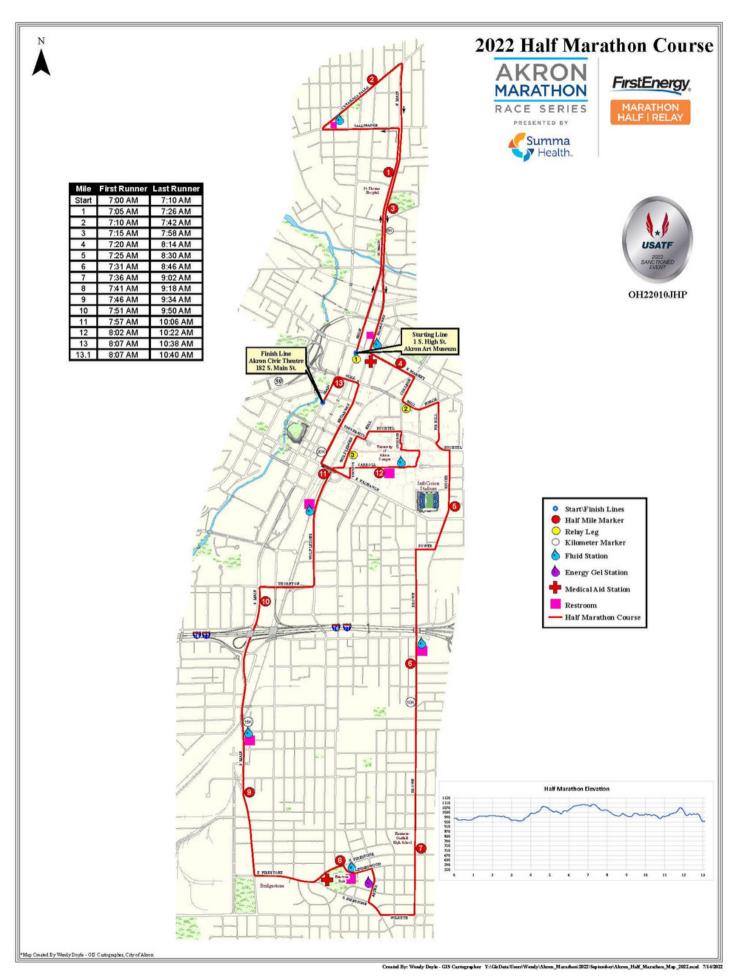
Arriving

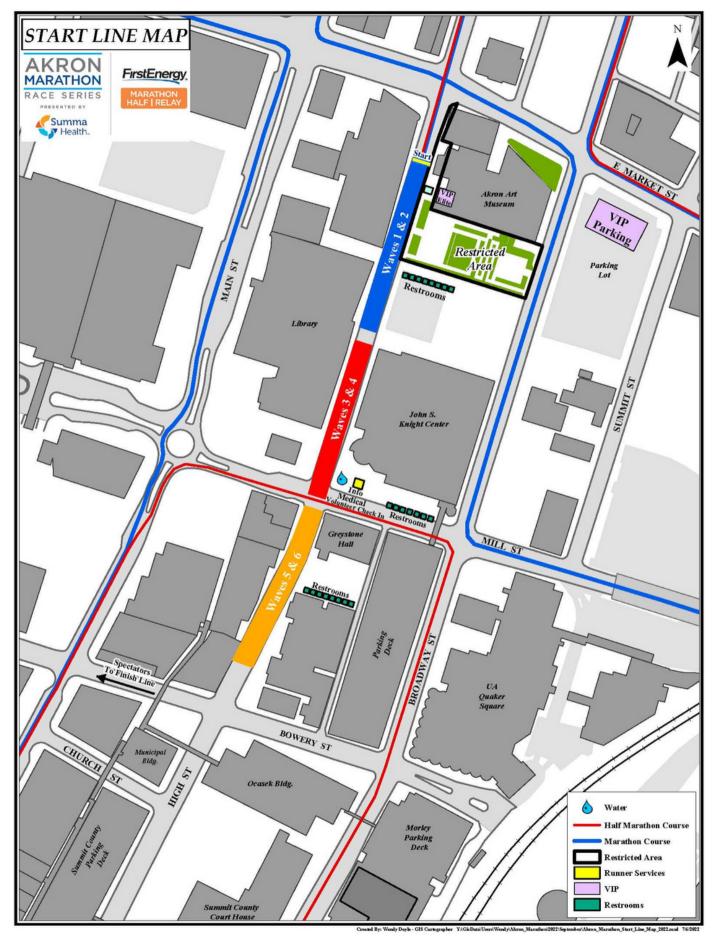
Once you arrive at your Relay Exchange Zone take time to familiarize with the corrals, visit the restrooms, and prepare for your leg of the relay. When your team member is approximately 10 minutes from the Exchange Zone please proceed to the numerical staging area, based on your bib number. Spotters will be calling out the last three numbers on your bib as your teammate approaches the exchange zone. PLEASE KNOW YOUR BIB NUMBER. Once your bib number is called please move to the front row of your corral to meet your teammate and start your leg of the relay. Make sure you take the team's relay belt from your teammate before you leave the exchange zone. There will be bottled water available for participants both starting and finishing at each exchange zone.

Exchange Zone Procedures

As you finish your leg of the relay, you will be directed to run over a timing mat. Continue for a short distance beyond the timing mat where race volunteers will assist you in finding your teammate. Upon finding your teammate, pass the relay belt, which has the team bib and timing device, and clear the racecourse. Finishing participants will receive their medal at the exchange zone and can head to Lock 3 for the finisher festival. Relay leg 5 will finish on Main St and receive their medal before entering Lock 3.











2022 Finish Line Map



