GOODYEAR HALF MARATHON & 10K AUGUST 11-12, 2023

RUN THE BLUE LINE.

PARTICIPANT AND SPECTATOR GUIDE

*Information not final. Final Instructions available two weeks prior to race day.

IMPORTANT ADDRESSES

Packet Pickup: TBD

Race Day Parking: Goodyear Parking Deck - 160 S. Seiberling St, Akron

Start: Goodyear Proving Grounds (Test Track) - 394 S. Seiberling St, Akron

Finish: The Goodyear Tire & Rubber Company - 200 Innovation Way, Akron

RACE WEEKEND AT A GLANCE

Friday, August 11 11:00 a.m. - Packet Pickup opens 7:00 p.m. - Packet Pickup closes

Saturday, August 12 5:30 a.m. – Race Announcements 6:30 a.m. – Half Marathon & 10k Start 10:00 a.m. – Course Closes 11:00 a.m. – Venue Closes



TAKE A LOOK INSIDE

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- Page 3: Start
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GOOD YEAR

RACE WEEKEND TIPS

- Arrive at the race venue early.
 We suggest arriving at the parking deck between
 - 5:00 5:30 a.m.
 It is about 1/2 mile to get from the parking deck to the Start Line.
- Share race information with your spectators. Including maps and specific spectator information on page 5.
- Get your camera ready for the sunrise inside the Test Track!

PACKET PICKUP



Each runner MUST pick up their race packet, which includes the race bib, Friday, August 11. There will be NO raceday packet pick up available. You will receive an email, race week, with your bib number. Please know your bib number prior to arriving. Each runner should pick up his or her own bib and confirm registration information is correct on the bib.

If you are unable to attend, race packets may be picked up by a friend or family member who must verify the runner's information.

Merchandise

Akron Marathon race merchandise will be available during Packet Pickup hours as well as at the Finish Line, post-race, located on the plaza.

Location: TBD

SCHEDULE

Date: Friday, August 11, 2023 Time: 11:00 a.m. - 7:00 p.m.

Bib Information

For accurate timing, and for the best race photos, participants must pin the bib on the front of the shirt, so it is visible. Safety pins will be provided.

It is imperative that the registration data associated with your race number does belong to you, the participant. While it may seem harmless to run under an unauthorized number, it conveys serious consequences to the organizers and the participant field alike. Correct information allows medical staff to correctly identify participants in need of treatment and ensures accuracy of race results and awards.

Please take care not to bend or cut your race bib, in doing so you may damage your timing device.

PARKING AND DIRECTIONS

Where to Park - Map on page 7

All lots and decks located at The Goodyear Tire & Rubber Company are free of charge race morning. There will be parking attendants on-site to help guide you where to park.

Direction of Travel

*From the east (Youngstown): From I-76 West - Take exit 26 for E. Market St./OH-18 toward OH-241/Mogadore Rd. Take a slight right onto OH-18 W/E. Market St. Turn left onto S. Seiberling St.

*From the north (Stow): From Route 8 South: Take I-76 East. Take exit 25B toward General St./Brittain Rd. Continue straight onto Englewood Ave. Turn right onto S. Seiberling St.

*From the west (Fairlawn): I-77 South: I-77 / I-76 E. Take exit 25B toward General St./Brittain Rd. Continue straight onto Englewood Ave. Turn right onto S. Seiberling St.

*From the south (Canton): From 77 North: merge onto I-76 E. Take exit 25B toward General St./Brittain Rd. Continue straight onto Englewood Ave. Turn right onto S. Seiberling St.

Drop Off Location

From Market St, take Massillon Rd south to Seiberling Way. Turn right and drop off at the first circle at Eagle St and continue driving around the circle to exit the way you came. Runners will walk down Eagle St and turn left on S. Seiberling St to head to the start.

*<u>NO DROP-OFF</u> at the Goodyear parking deck due to the one-way traffic pattern into the deck until 6:30 a.m. race morning.

START LINE

Corrals

Both the 10k and Half Marathon participants will line up in the corral together based on pace. Pace signs will be along the corral indicating where to line up. There will be various entrance points along the corral.

Wave Start

The Half Marathon and 10k will have a combined start. The race will start in 6 separate waves. There will be 400 participants per wave. Each wave will be walked up to the start line, held for 30 seconds, and have their own starting commands. Waves are based on pace. There will not be a separate start for the 10k.

Restrooms

Portable restrooms will be located inside the test track and at the finish line. Portable restrooms will also be located after each fluid station along the course.

Arrival to the Start Line

For a hassle free arrival to the start line, plan to be in the parking deck prior to 5:30 a.m. to give ample time to walk to the start line located inside the test track.

Information

For our participants' convenience, an Information Booth can be found in the Goodyear parking deck on the ground level, inside the test track, and at the finish line on the plaza, post race.

Lost and Found

All items left at the event will be taken to the Information Booth located in the plaza. Items will be held for two weeks following the event. The Akron Marathon is not responsible for lost items.

COURSE

Details

The Goodyear Half Marathon & 10k are certified USA Track & Field sanctioned courses. The course is run on paved asphalt and concrete streets. Participants are responsible for knowing the course. Please note the 10k will split off from the Half Marathon on Triplett (mile 4.9) while the Half Marathon will continue straight on Triplett.

Provisions

<u>Restrooms:</u> Portable restrooms will be available at the start and finish lines. Portable restrooms will also be located on the course just past each fluid station.

<u>Fluid:</u> There are 9 fluid stations, 4 for the 10k. As you approach a fluid station, sports drink will be available first followed by water. It is recommended to carry your own fluid. There will be an area to refill bottles at the end of each fluid station. We do not recommend taking food or fluids from nonofficial locations.

<u>Gel:</u> Energy gel will be provided at mile 9 along the Half Marathon course. Runners that require energy gel at different times should plan to be self-supported.

<u>Medical:</u> There will be medical at the start and finish lines. There will also be 3 medical stations along the course, 1 on the 10k route. Summa Health will provide all medical assistance during this event.

The medical aid stations will be equipped to assist participants with any basic medical needs and will also have a supply of Band-Aids and Vaseline, if needed. For medical emergencies, an ambulance will be called to transport the participant to a local hospital.

There will be NON-MEDICAL aid shuttles to transport runners, who choose not to continue the race, from the aid tents back to the Finish.

NSAID's (Non-Steroidal Anti-inflammatory Drugs such as Advil, Aleve, Ibuprofen, etc.) are not recommended the few days before the race and will NOT be provided at the aid tents. NSAIDs, especially in a dehydrated person, can adversely affect the kidneys and can increase the risk of hyponatremia (low blood sodium) Tylenol will be available.

Course Limit

The 10k course is open for 2 hours; 19:19 per mile pace. The Half Marathon course is open for three and a half hours; 16:02 per mile pace. Course closure is based on when the last person crosses the start line. Those who fall behind course closure times will be asked to move to the sidewalk or board the SAG (end of race vehicle). The finish line, medical aid stations and fluid stations will remain open for a 19:19/16:02 pace and close on schedule.

Prohibited

For the safety of our participants, the Akron Marathon does not permit: pets, skateboards, scooters, strollers, baby carriers, bicycles, roller blades, or any other types of vehicles (other than official race vehicles) on the course. With the exception of service dogs, pets are not allowed in the start/finish line area. Please do not bring or carry any of these items with you. The Akron Marathon reserves the right to disqualify and remove anyone from the course who has any of the above items or does not act in a safe manner.

Unauthorized Participants:

Non-registered participants are not permitted to run or walk within the boundaries of the official race course. It is important that family and friends NEVER cross the finish line or enter the finish zone which begins approximately 2/10 mile before the finish. Course monitors and police will be stationed throughout the course; ensuring only registered runners are on the course. Please be sure your race number is visible from the FRONT at all times during the race.

Signage

There will be a Blue Line on the streets to mark the entire course. Critical turns will be manned by police or volunteers. Please look for color coded signage which corresponds with bib color, blue for Half Marathon and yellow for 10k, at the split for the Half Marathon and 10k. There will also be signage along Seiberling and Innovation Way to keep finishing 10k participants to the left and Half Marathon participants to the right. Feather flags will mark each mile.



Finish

The Finish Line is located at 200 Innovation Way. After the finish runners will receive a commemorative medal, water, sports drink, banana, and chocolate milk. Once runners clear the chute there is room to cheer on finishing runners, enjoy the band, and redeem food and drink tickets.

Runners can enjoy the live band and a variety of vendors and displays. Runners can refuel at the Swenson's food truck by choosing between their signature Galley Boy, cheeseburger, hamburger, Salad Boy, or grilled chicken sandwich. Each runner, 21 and over, will receive 2 free beers.

Race Photos

Photos will be taken at the finish line. An email will be sent to participants the week following the race when photos are ready to be viewed.

Results and Awards

<u>Awards Presentation</u>

The awards will be presented at approximately 8:30 a.m. for the 10k and 9:00 a.m. for the Half Marathon. For both the Half Marathon and 10k, the overall top three men and women and top three master's men and women will receive awards. Those who win an overall award will be taken out of the age group division. Masters athletes who place in the top three overall will be taken out of the masters division. You are eligible to win awards only for the event in which you are registered.

<u>Age Group Awards</u>

Top three male and female finishers in all age categories will receive awards for both the Half Marathon and 10k: 19 and under, 20-24, 25-29, 30-34, 35-39, 40-44, 45-49, 50-54, 55-59, 60-64, 65-69, and 70+. You can win only one award, those who win an overall award will be taken out of the age group division. Awards will be mailed 4-6 weeks after the race.

SPECTATORS

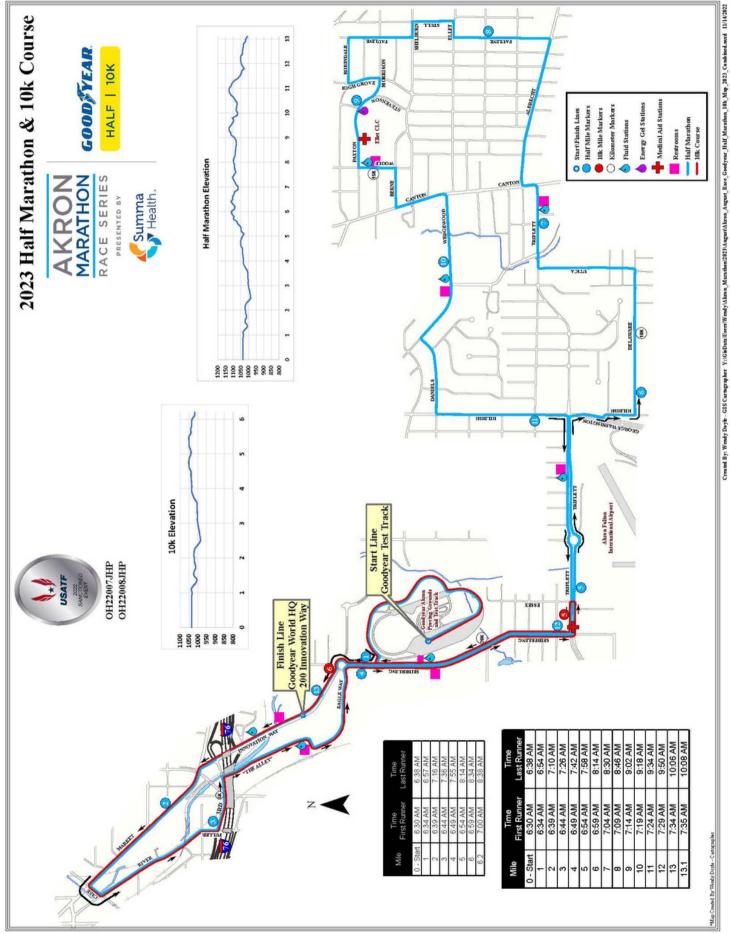
Spectators have many great opportunities to see the runners multiple times with very little walking.

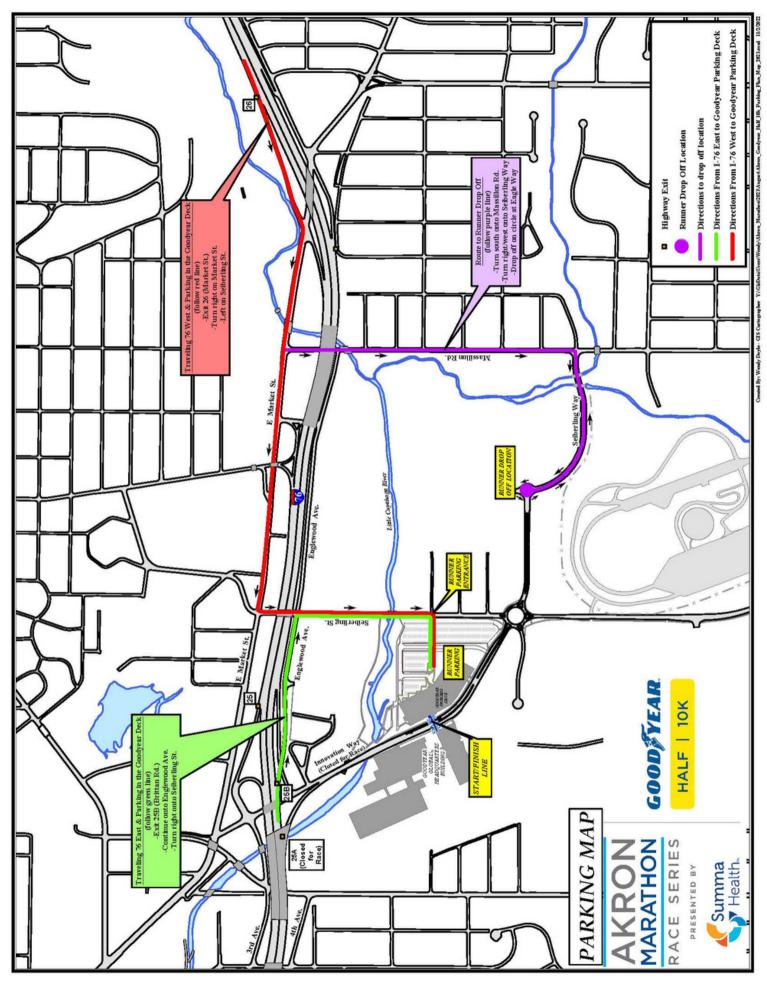
Spectators who choose to go to the start line have two options. <u>Option one:</u> Spectators can watch the start inside the test track and see the runners again as they exit the test track at mile 1. Please note if you choose to stay inside the test track for the start you have to remain inside the test track until the last runner exits (approximately 20 minutes after the start) <u>Option two:</u> Exit the test track just prior to the start and watch the runners as they exit at mile 1.

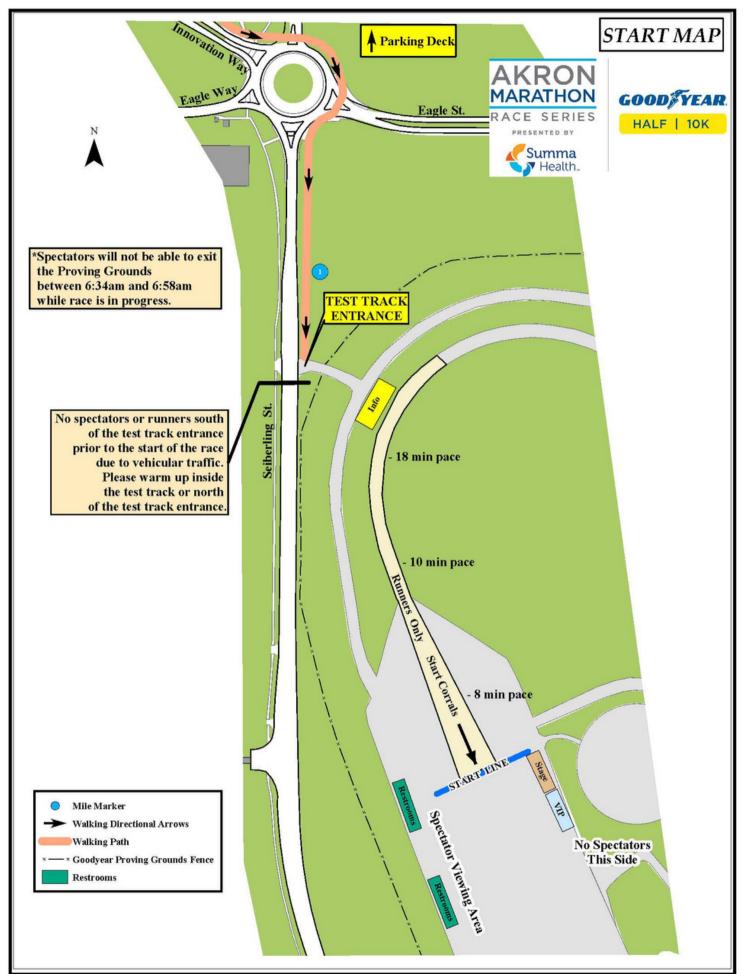
•Spectators can remain outside the track to watch your runner again at mile 4.1. •Head .3 miles north to see your runner cross the finish line.

Spectators who choose not to watch the start of the race can remain near the finish line. You will see your runner at mile 1.3. Walk .2 mile south to the traffic circle to see your runner at mile 4 and then head back for the finish.

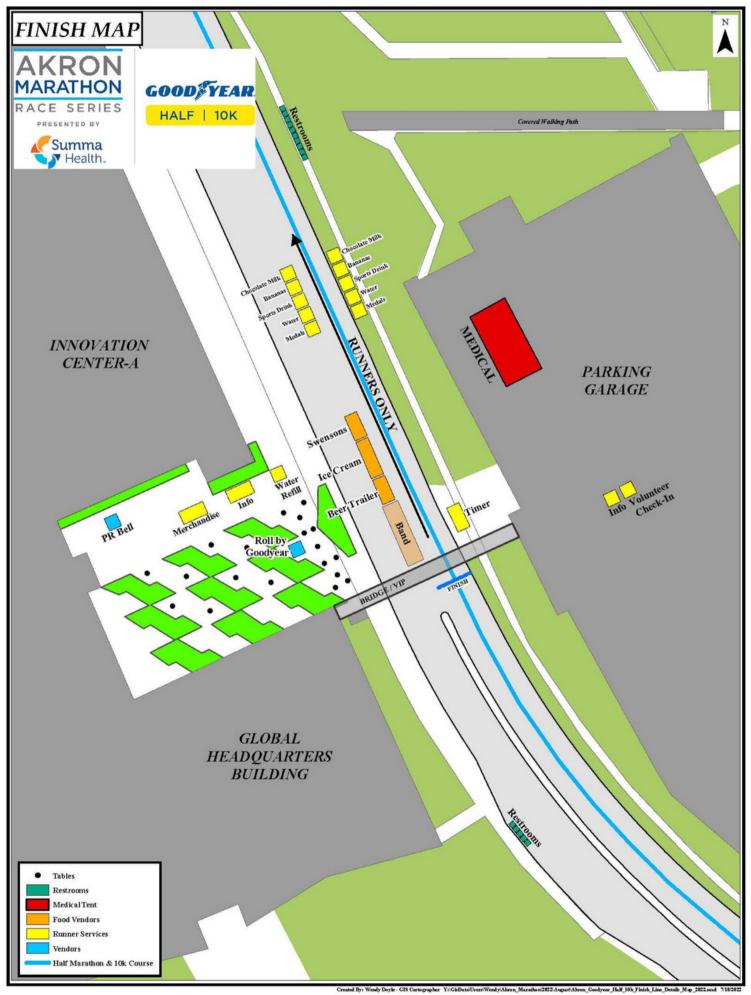
*Runners and spectators should choose a meeting location prior to the race, to meet up at after the race.







Created By: Wendy Doyle - CIS Cartographer Y/(CaData/Users/Wendy/Ahron_Marathes/2022/August/Ahron_Goodyear_Half_J0h_Start_Line_Details_Map_2022.ned_5/12/202



ROAD CLOSURES

ROAD CLOSURES - Friday, August 11, 2023

Road Closures	Restrictions	Approximate Times
*Interstate Route 76 East / Innovation Way Exit Ramp	Total closure	Beginning at 1:00 p.m.
*Innovation Way	Between Englewood Ave. and S. Seiberling St.	Beginning at 1:00 p.m.

*Friday closures to re-open Saturday August 12, 2023 at 2:00 p.m.

ROAD CLOSURES - Saturday, August 12, 2023

Road Closures		Restrictions	Approximate Times
S. Seiberling St.		Between Innovation Way and Archwood.	5:00 a.m. – 10:30 a m.
Innovation Way		Between Englewood Ave. to E. Market St.	6:25 a.m. – 6:40 a.m.
E. Market St.	(eastbound lanes)	Between Innovation Way and Case Ave.	6:30 a.m. – 7:25 a.m.
Case Ave.		Between E. Market St. and River St.	6:35 a.m. – 7:25 a.m.
River St.		Between Case Ave. and 2 nd Ave.	6:35 a.m. – 7:30 a.m.
Fuller St.		Between 2 nd Ave. and 4 th Ave.	6:40 a.m 7:35 a.m.
3 rd Ave.		Between Fuller St. and Innovation Way	6:40 a.m. – 7:35 a.m.
S. Seiberling St.		Between Archwood and Triplett blvd.	6:40 a.m 10:30 a.m.
Triplett Blvd.	(eastbound lanes)	Between S. Seiberling St. and George Washington Bl.	6:45 a.m. – 8:30 a.m.
Triplett Blvd.	(westbound lanes)	Between S. Seiberling St. and Hilbish Ave.	6:45 a.m. – 10:15 a.m.
George Washington Blvd.	(southbound lanes)	Between Triplett Blvd. and Hilbish Ave.	6:55 a.m. – 8:25 a.m.
Hilbish Ave.		Between George Washington Blvd. and Delaware Ave.	6:55 a.m. – 8:25 a.m.
Delaware Ave.		Between Hilbish Ave. and Utica Ave.	6:55 a.m. – 8:35 a.m.
Utica Ave.		Between Delaware Ave. and Triplett Blvd.	6:55 a.m. – 8:40 a.m.
Triplett Blvd.	(eastbound lanes)	Between Utica Ave. and S. Canton Rd.	6:55 a.m. – 8:45 a.m.
S. Canton	(southbound lanes)	Between Albrecht Ave. and Triplett Blvd.	7:00 a.m 8:50 a.m.
Albrecht Ave.	(eastbound lanes)	Between S. Canton Rd. and Pauline Ave.	7:00 a.m. – 9:05 a.m.
Pauline Ave.		Between Albrecht Ave. and Robindale Ave.	7:05 a.m. – 9:20 a.m.
Ellet Ave.		Between Pauline Ave. and Stull Ave.	7:05 a.m. – 9:05 a.m.
Stull Ave.		Between Ellet Ave. and Shelburn Ave.	7:05 a.m. – 9:05 a.m.
Shelburn Ave.		Between Stull Ave. and Pauline Ave.	7:05 a.m. – 9:05 a.m.
Robindale Ave.		Between Pauline Ave. and High Grove Blvd.	7:10 a.m. – 9:20 a.m.
High Grove Blvd.		Between Robindale Ave. and Morrison Ave.	7:10 a.m. – 9:20 a.m.
Morrison Ave.		Between High Grove Blvd. and Stevenson Ave.	7:10 a.m. – 9:25 a.m.
Stevenson Ave.		Between Morrison Ave. and Paxton Ave.	7:10 a.m. – 9:30 a.m.
Paxton Ave.		Between Stevenson Ave. and S. Canton Rd.	7:10 a.m. – 9:30 a.m.
Woolf Ave.		Between Paxton Ave. and Berne St.	7:10 a.m. – 9:30 a.m.
Berne St.		Between Woolf Ave. and S. Canton Rd.	7:10 a.m. – 9:30 a.m.
S. Canton Rd.	(southbound lanes)	Between E. Market St. and Wedgewood Dr.	7:10 a.m. – 9:40 a.m.
Wedgewood Dr.	(westbound lanes)	Between S. Canton Rd. and Daniels Ave.	7:15 a.m. – 9:50 a.m.
Daniels Ave.		Between Wedgewood Dr. and Hilbish Ave.	7:15 a.m. – 9:55 a.m.
Hilbish Ave.	(southbound lanes)	Between Daniels Ave. and Triplett Blvd.	7:20 a.m. – 10:05 a.m.