



2023 AKRON MARATHON TEAM RELAY GUIDE

Thank you for choosing to #runAkron!

If you have additional questions after reading this Team Relay Guide check out the [Final Instructions](#) or visit the information booth at the Health and Fitness Expo.

Health and Fitness Expo

All runners MUST pick up their packets on Friday, September 29, 2023. The packet includes a drawstring bag and race bib with timing device. Shirts are located at the end of the Expo Hall. Each participant should pick up their own packet. There is NO packet pick up the day of the race. If you are unable to attend, race packets may be picked up by a friend or family member who must verify the participant's registration information.

Relay Slap Bracelet is back!

The first relay leg will be given a slap bracelet to be worn on the wrist. The participant completing the first leg must pick up a slap bracelet at the Relay Registration Area at the Expo. If you forget or lose your bracelet there will be extra available at the Start Line Information Booth. At each Relay Exchange Zone, the incoming relay leg will pass the slap bracelet to their team member. No relay member can leave for their relay leg without wearing the slap bracelet. The final team member must have the slap bracelet at the Finish Line to qualify for team awards.

Series Participants

Series participants can pick up their series medal rack located with the shirts at the end of the expo hall.

At the finish line, series participants will be awarded a series medal. Relay leg 5, who are series participants, will get their series medal just after you receive your race medal in the finish line chute. Relay members completing legs 1-4 can pick up their series medal at the Information Booth inside in the Finisher Festival.

Course

The 5-Person Team Relay will follow the Full Marathon route. Be sure to follow signage at mile 11.3 where the Half Marathon splits off from the full/relay course.

Course Closure

The course will remain open for 6.5 hours and will close on a continuous pace of 15:00 min/mile. Relay teams need to be at the split at mile 11.3 by 10:00 a.m. to continue on to the full course. Anyone who cannot maintain the pace requirements must move to the sidewalk or catch the SAG bus as the course will re-open and allow vehicular traffic through. Services along the course cannot be guaranteed for participants beyond the stated pace requirements.

New Finish Line Location!

Due to construction at Lock 3, the Finish Line has been relocated on Main St just outside Canal Park Stadium.

Relay participants are encouraged to meet up at the Finisher Festival after your leg of the relay.

As you enter the festival, there will be an Information Booth, merchandise tent and restrooms. You can redeem your beer and food tickets.

Enjoy the live band, yard games, food, and post-race celebration!

Team Relay Awards

Top three teams in the Men's, Women's, Mixed, Masters Men's, Masters Women's, and Masters Mixed categories of the 5-Person Team Relay will receive awards. Awards are mailed 4-6 weeks post-race and once results are finalized.

GENERAL INFORMATION

Arriving at the Exchange Zone

Once you arrive at your Relay Exchange Zone take time to familiarize yourself with the corrals, visit the restrooms, and prepare for your leg of the relay. When your team member is approximately 10 minutes from the Exchange Zone please proceed to the numerical staging area, based on your bib number. Spotters will be calling out the last three numbers on your bib as your teammate approaches the exchange zone. PLEASE KNOW YOUR BIB NUMBER. Once your bib number is called please move to the front row of your corral to meet your teammate and start your leg of the relay. Make sure you take the team's slap bracelet from your teammate before you leave the exchange zone. There will be bottled water available for participants both starting and finishing at each exchange zone.

Exchange Zone Procedures

As you finish your leg of the relay, you will be directed to run over a timing mat. Continue for a short distance beyond the timing mat where race volunteers will assist you in finding your teammate. Upon finding your teammate, pass the slap bracelet, and clear the racecourse. Finishing participants will receive their medal at the Relay Exchange Zone and can head to Main St. for the Finisher Festival. Relay leg 5 will finish on Main St and receive their medal before entering the Finisher Festival.

Security

Backpacks are highly discouraged and all bags are subject to be searched in all race areas along the course. The Start Line and Finish Line will have athlete only areas. Non-participants will not be permitted in these areas which include the start line corrals and the finisher's chute at the finish line. NO FAMILY RUN-IN AT FINISH LINE - Only athletes are permitted on the racecourse, including crossing the finish line. This is for the safety of all athletes, spectators, and race officials.

Transportation

Relay shuttles are available to the start of relay leg 4 and 5 with return service for finishing leg 3 and 4 participants.

Gear Check

Gear Check drop-off and pick-up will be located on the corner of S. High St and Buchtel Ave. You can drop your gear before heading to your relay exchange zone. Do not place money, keys, or valuables in your gear check bag. Clear bags will be available at the Health and Fitness Expo and at the Gear Check Tent on race morning. Only items in the clear bag will be accepted. Bags will NOT be transported from the Relay Exchange Zones back to the Gear Check Tent. Please drop any clothing you wish to donate on the sidewalks alongside the exchange zone. All clothing will be donated to a local shelter.

Relay participants waiting to start their leg can also pass items to their finishing relay team member.

Directions and Parking for those arriving after 7:00 a.m.

Decks and lots on the west side of Main St and South of Exchange St are suggested for relay legs 2-5 arriving after 7:00 a.m. Please note roads along the course will close at 7:00 a.m.

From the north or west Via I-77: (Cleveland/ Fairlawn): I-77/I-76 (they run concurrently). Take exit onto 59 east/Downtown. Route differs from here based on which deck you choose.

From the south taking I-71 to I-76 east: Continue onto 224 east. Exit 2 onto OH-93/Manchester Rd. Left on Waterloo. Left on Manchester Rd. Continue right on East Ave. Turn right on Vernon Odom BLVD.

From the south Via I-77: I-77 to 224 west (Exit 122B). Exit at OH-93 (Exit 2). Right onto OH-93. Continue right on East Ave. Turn right on Vernon Odom BLVD.

From the east taking I-77/I-76 west: I-77/I-76 (they run concurrently) to Rt 59/Dart Ave (Exit 21C). Turn right after you exit onto Boulevard St. Stay left to continue on Dart Ave. Route differs from here based on which deck you choose.

RELAY FAQs

Registration Questions

Relay Changes

Relay changes will ONLY be accepted at the Health & Fitness Expo on Friday, September 29th. There is a \$10.00 fee per change. The new runner must come in-person to make this change.

Incomplete Teams

The relay team must be complete & have 5 registered runners on the team to participate. Only complete teams will be able to pick up their packets.

Assigning Legs

Each member of the team should know which leg they are completing. However, you do NOT need to register for a specific relay leg. You can make switches at any time without notifying race officials. The timing chip located on your bib will keep track of each relay leg time and the team total.

Ways to track your teammates:

- Akron Marathon App. (please note updates are based on timing mat reads. The first update will happen when Relay Leg #1 finishes their leg)
- Strava Beacon
- Find my Friends
- Pace Chart (below)

Race Day Questions

Running multiple legs or events?

A member of a Relay Team can run 2-consecutive relay legs; the team must be paid in full. The person completing two legs must register & pay for both legs.

The 1st leg runner can also run the full or half marathon; that team member must register & pay for both events. This can only happen for the first leg. On race day, wear both bibs. When you approach the Exchange Zone follow the relay signs, cross over the timing mat, find your team member and transfer the slap bracelet. At the Expo pick up both packets and the relay slap bracelet.

Relay medals are available at the Information Booth Inside the Finisher Festival for those running multiple legs or events.

Can the team watch the start?

Yes, relay legs 2-5 can watch the start of the race before heading to the start of their relay leg.

Can I run with my friend after my leg?

No, only one team member can be on the course at a time to receive an accurate results.

Can I take a shuttle from leg 4 to leg 5?

Shuttles only transport from downtown to their respective relay legs and back. There is no shuttle transport from relay leg 4 to relay leg 5.

ARRIVAL TIMES TO RELAY LEG (30 MINUTES BEFORE ANTICIPATED ARRIVAL)

LEG	DISTANCE	START LOCATION	7 MIN PACE	9 MIN PACE	11 MIN PACE	13 MIN PACE	15 MIN PACE
#1	4.2	1 S. High St	6:30 am	6:30 am	6:30 am	6:30 am	6:30 am
#2	6.7	250 E. Mill St	7:00 am	7:05 am	7:20 am	7:30 am	7:35 am
#3	5.8	245 Wolf Ledges Pkwy	7:45 am	8:10 am	8:30 am	8:50 am	9:15 am
#4	4.5	1300 Sand Run Pkwy	8:30 am*	9:00 am*	9:35 am*	10:10 am*	10:45 am*
#5	5	1565 Fairfax Rd	9:00 am*	9:50 am*	10:30 am*	11:15 am*	11:45 am*

***RECOMMENDED TO BOARD RELAY BUS 30 MINUTES PRIOR TO ARRIVAL TIME FOR RELAY LEGS 4 & 5**

RELAY LEG 1

First Leg Details:

Relay leg distance: 4.2 miles

Start of relay leg #1: Start Line - 1 S. High St

Finish of relay leg #1: Union Park - 250 E. Mill St

Parking - Recommended parking location for first leg relay participants is the Cascade Parking Garage at 10 W. Mill St.

PICK UP SLAP BRACELET

Slap bracelets are BACK! - The person completing the first leg of the relay should pick up the team's bracelet at the Expo on Friday. Additional bracelets will be available at the information tent at the Start Line on race morning.

START LINE

There will be six waves at the Start Line. Wave 1 will start at 7:00 AM. Wave 2 will be walked up to the start line and will be held for 30 seconds and then released. Followed by a walk-up and individual release of waves 3-6. All teams will have a wave assignment on their bib. Wave assignments are based on anticipated team finish time collected during registration. If you feel you received the wrong bib assignment you can make a corral change at the Expo. Participants must enter at the back of their assigned corral. Waves 1 & 2 will enter at the back of the blue corral. Waves 3 & 4 will enter the back of the red corral. Waves 5 & 6 will enter the back of the orange corral. You can move around inside your corral, and you can move back to a different corral, but you cannot move forward into another corral.

FINISH LINE

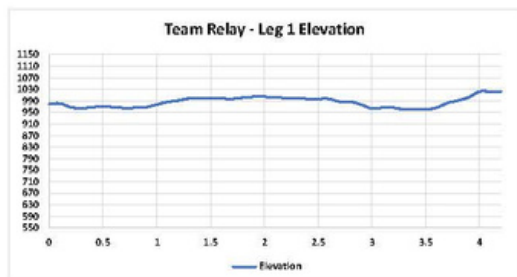
At the finish of your relay leg, you will cross over a timing mat and proceed to the numerical staging area which corresponds with your bib number. Once you arrive at the staging area, find your relay team member and pass off the slap bracelet. Once you have passed the bracelet to your team member, exit the course to get your medal and water.

Walking directions to the Finisher Festival - The Finisher Festival is located at 300 S. Main St outside Canal Park Stadium. Get your finisher fluids and medal on the corner of E. Mill St and College St. Walk west on E. Mill St and make a left onto Broadway St. Walk 4 blocks and make a right on Buchtel St. Signage will direct you to the finisher festival to receive your post-race food and beverages.

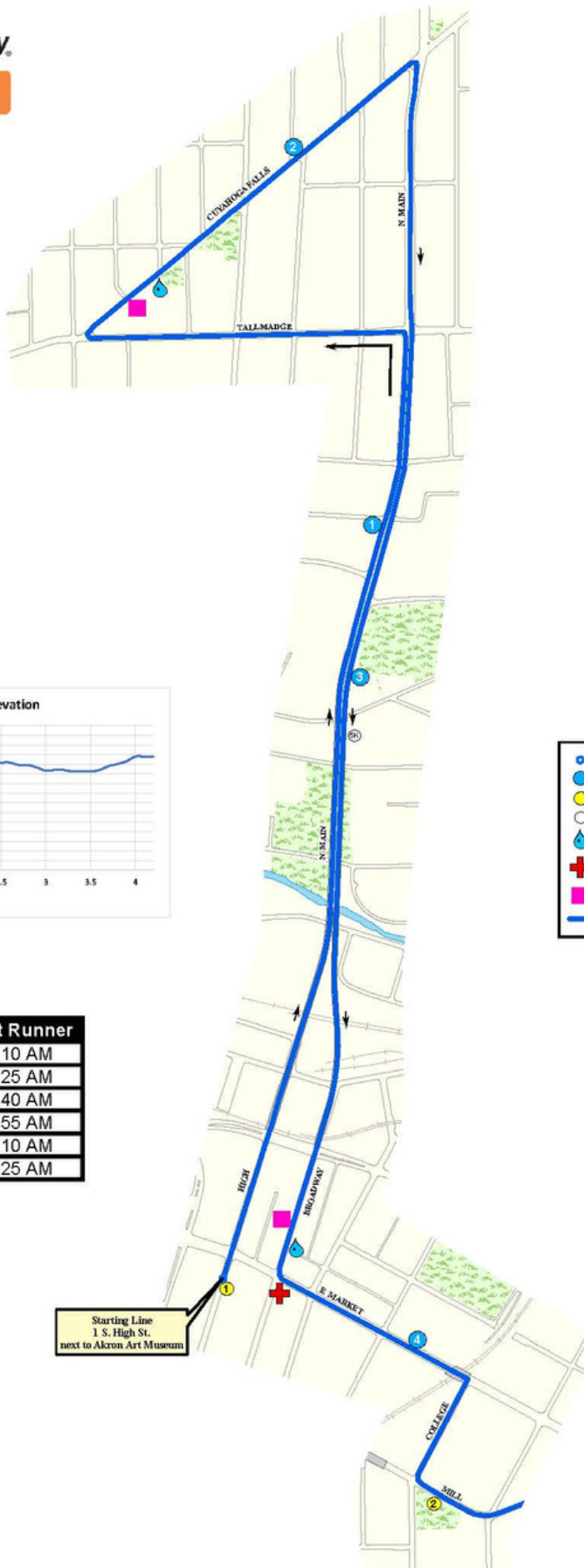


2023 Relay Leg #1 4.2 Miles

Start: 1 S. High St.
Continue straight on N. Main St.
Left on W. Tallmadge Ave.
Right on E. Cuyahoga Falls Ave.
Right on N. Main St.
Continue on Broadway St.
Left on E. Market St.
Right on S. College St.
Left on E. Mill St.
Finish: 250 E. Mill St.



Mile	First Runner	Last Runner
Start	7:00 AM	7:10 AM
1	7:05 AM	7:25 AM
2	7:10 AM	7:40 AM
3	7:15 AM	7:55 AM
4	7:20 AM	8:10 AM
5	7:25 AM	8:25 AM



RELAY LEG 2

Second Leg Details:

Relay leg distance: 6.7 miles

Start of relay leg #2: Union Park - 250 E. Mill St

Finish of relay leg #2: 245 Wolf Ledges Parkway

Parking- Recommended parking location for second leg relay participants is the Polsky Deck at 275 S. High St.

DIRECTIONS TO EXCHANGE ZONE

Walking Directions to Relay Leg 2:

*From the Start Line: Walk south on S. High St to E. Mill St. Turn left (east) onto E. Mill St. Walk straight until you reach Union Park and the Relay Exchange Zone on your right.

*From Parking Decks: Walk north on Broadway St. Turn right (east) onto E. Mill St. Walk straight until you reach Union Park and the Relay Exchange Zone on your right.

FINISH LINE

At the finish of your relay leg, you will cross over a timing mat and proceed to the numerical staging area which corresponds with your bib number. Once you arrive at the staging area, find your relay team member and pass off the slap bracelet.

Once you have passed the bracelet to your team member, exit the course to get your medal and water.

ARRIVING AT EXCHANGE ZONE

Upon arriving at your Relay Exchange zone, proceed to the numerical staging area as instructed by a race volunteer. Spotters will be calling out the last three numbers on your bib as your teammate approaches the exchange zone. PLEASE KNOW YOUR BIB NUMBER.

FINISHER FESTIVAL

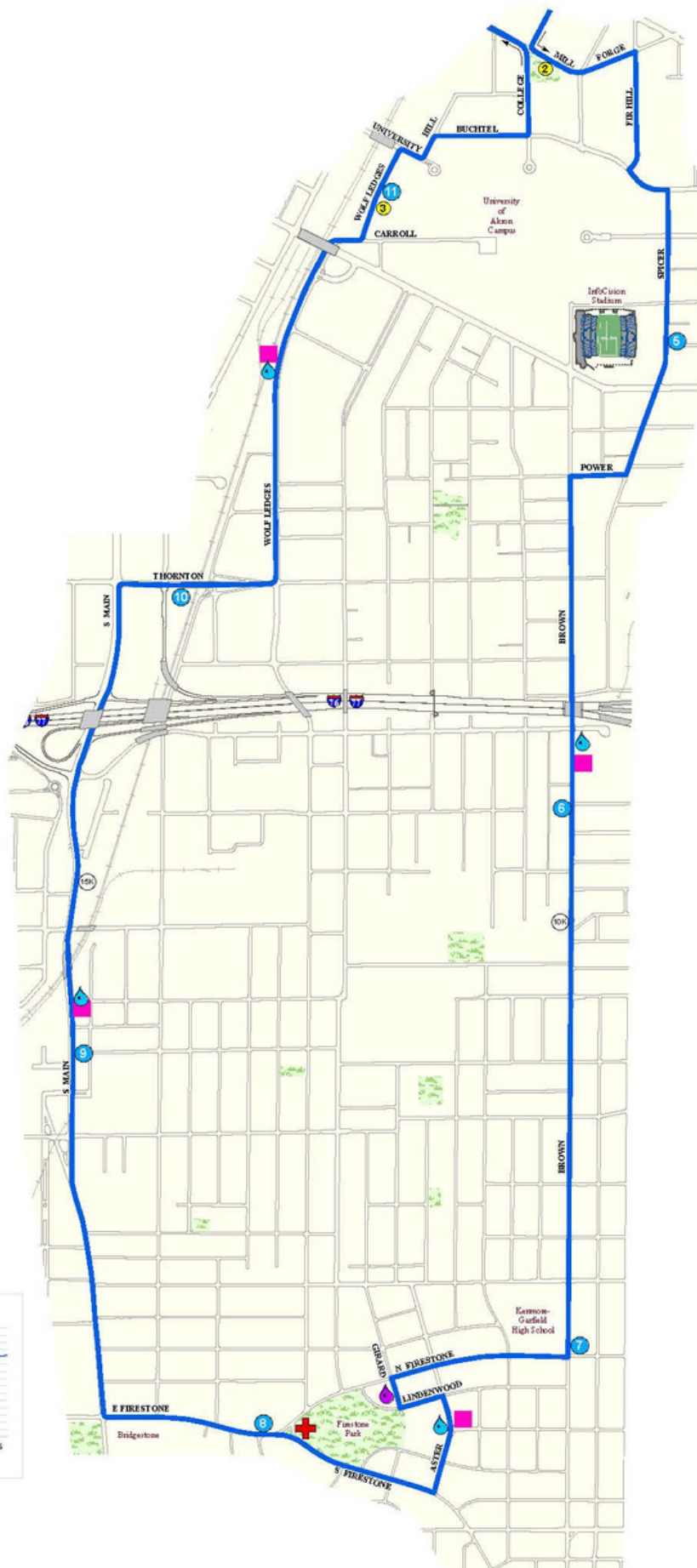
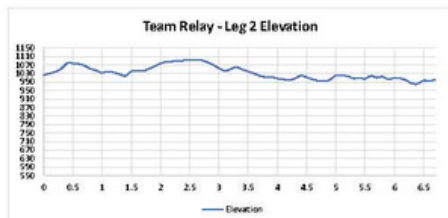
Walking directions to the Finisher Festival - The Finisher Festival is located at 300 S. Main St outside Canal Park Stadium. Get your finisher fluids and medal in the parking lot behind the Exchange Zone. Travel south on Buckeye St. Turn right on Exchange St. Turn right on S. High St. Signage will direct you to the Finisher Festival to receive your post-race food and beverages.

2023 Relay Leg #2 6.7 Miles

Start: 250 E. Mill St.
Right on Fir Hill
Left on E. Buchtel Ave.
Right on Spicer St.
Right on Power St.
Left on Brown St.
Right on N. Firestone Blvd.
Left on Girard St.
Left on Lindenwood Ave.
Right on Aster Ave.
Right on S. Firestone Blvd.
Left on E. Firestone Blvd.
Right on S. Main St.
Right on E. Thornton St.
Left on Wolf Ledges Pkwy.
Finish: 245 Wolf Ledges Pkwy.

- Mile Marker
- Relay Leg
- Kilometer Marker
- 💧 Fluid Station
- 💧 Energy Gel Station
- + Medical Aid Station
- Restroom
- Relay #2 Course

Mile	First Runner	Last Runner
5	7:25 AM	8:25 AM
6	7:31 AM	8:40 AM
7	7:36 AM	8:55 AM
8	7:41 AM	9:10 AM
9	7:46 AM	9:25 AM
10	7:51 AM	9:40 AM
11	7:56 AM	9:55 AM



RELAY LEG 3

Third Leg Details:

Relay leg distance: 5.8 miles

Start of relay leg #3: 245 Wolf Ledges Parkway

Finish of relay leg #3: 1300 Sand Run Parkway

Parking- Recommended parking location for third leg relay participants is the University of Akron's Exchange St Deck at 261 E. Exchange St.

DIRECTIONS TO EXCHANGE ZONE

Walking Instructions to Relay Leg #3:

*From the Start Line: Walk south on High St to University Ave. Turn left (east) onto University Ave. and go two blocks to Wolf Ledges. Turn right (south) onto Wolf Ledges. The Relay Exchange Zone is in the parking lot on your left.

*From Parking Deck on Exchange St: Walk west on Exchange St. Turn right (north) onto Buckeye St and go 1 block. The Relay Exchange zone will be straight ahead in the parking lot.

COURSE / FINISH LINE

The 5-Person Team Relay will follow the Full Marathon route. Be sure to follow signage at mile 11.3 where the Half Marathon splits off from the full/relay course.

At the finish of your relay leg you will cross over a timing mat and proceed to the numerical staging area which corresponds with your bib number. Once you arrive at the staging area, find your relay team member and pass off the slap bracelet.

Once you have passed the bracelet to your team member, exit the course to get your medal and water.

ARRIVING AT EXCHANGE ZONE

Upon arriving at your Relay Exchange Zone, proceed to the numerical staging area as instructed by a race volunteer. Spotters will be calling out the last three numbers on your bib as your teammate approaches the exchange zone. PLEASE KNOW YOUR BIB NUMBER.

FINISHER FESTIVAL

Getting back to the Finisher Festival - The Finisher Festival is located at 300 S. Main St outside Canal Park Stadium. Get your finisher fluids and medal located in the parking lot at Sand Run Parkway. Make your way to the school buses staged on Portage Path. The busses will drop runners off at the corner of S. Main St and Exchange St. From there walk east on Exchange St to Maiden Ln. Turn left on Maiden Ln and enter the Finisher Festival.



2023 Relay Leg #3 5.8 Miles

Start: 245 Wolf Ledges Pkwy.
Right on University Ave.
Left on Hill St.
Right on E. Buchtel Ave.
Left on S. College St.
Left on E. Mill St.
Right on S. Broadway St.
Left on E. Market St.
Right on N. Main St.
Continue on N. Howard St.
Left on W. North St.
Right onto Towpath Trail
Left on N. Portage Path
Right on Sand Run Pkwy.
Finish: 1300 Sand Run Pkwy.



Mile	First Runner	Last Runner
11	7:56 AM	9:55 AM
12	8:02 AM	10:10 AM
13	8:07 AM	10:25 AM
14	8:12 AM	10:40 AM
15	8:17 AM	10:55 AM
16	8:22 AM	11:10 AM
17	8:27 AM	11:25 AM



RELAY LEG 4

Fourth Leg Details:

Relay leg distance: 4.5 miles

Start of relay leg #4: 1300 Sand Run Parkway

Finish of relay leg #4: Firestone CLC - 1545 Fairfax Rd

Parking- Recommended parking location for fourth leg relay participants is the Bowery Deck at 199 Bowery St

TRANSPORTATION TO EXCHANGE ZONE

It is advised to use the shuttle service provided to the fourth leg Relay Exchange Zone due to limited parking and road closures. Runners can find the shuttle busses located on Exchange St at S. Main St. Shuttle departure times begin at 7:15 AM and end at 10:15 AM for this leg.

FINISH LINE

At the finish of your relay leg you will cross over a timing mat and proceed to the numerical staging area which corresponds with your bib number. Once you arrive at the staging area, find your relay team member and pass off the slap bracelet. Once you have passed the bracelet to your team member, exit the course to get your medal and water.

ARRIVING AT EXCHANGE ZONE

Upon arriving at your Relay Exchange Zone, proceed to the numerical staging area as instructed by a race volunteer. Spotters will be calling out the last three numbers on your bib as your teammate approaches the exchange zone. PLEASE KNOW YOUR BIB NUMBER.

FINISHER FESTIVAL

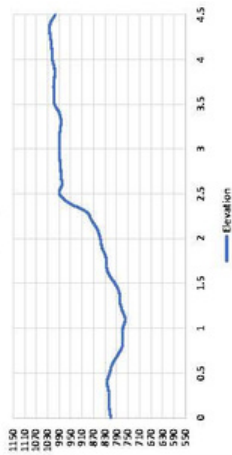
Getting back to the Finisher Festival - The Finisher Festival is located at 300 S. Main St outside Canal Park Stadium. Get your finisher fluids and medal located in the parking lot at Firestone CLC. Make your way to the school buses staged on Rampart. The busses will drop runners off at the corner of S. Main St and Exchange St. From there walk east on Exchange St to Maiden Ln. Turn left on Maiden Ln and enter the Finisher Festival.

2023 Relay Leg #4

4.5 Miles

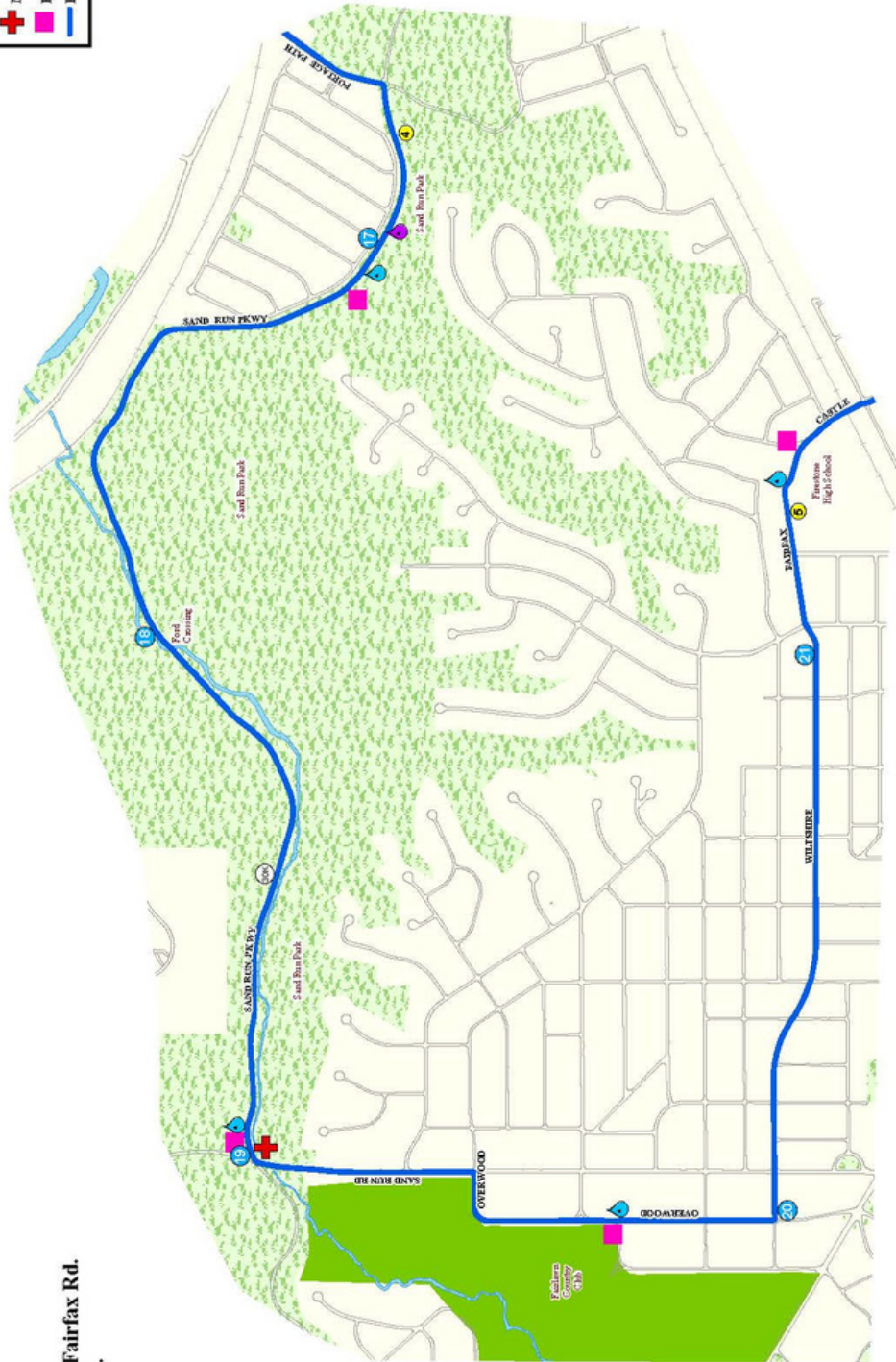
Start: 1300 Sand Run Pkwy
Left on Sand Run Rd.
Right on Overwood Rd.
Left on Wiltshire Rd.
Continue Straight onto Fairfax Rd.
Finish: 1565 Fairfax Rd.

Team Relay - Leg 4 Elevation



Mile	First Runner	Last Runner
17	8:27 AM	11:25 AM
18	8:33 AM	11:40 AM
19	8:38 AM	11:55 AM
20	8:43 AM	12:10 PM
21	8:48 AM	12:25 PM
22	8:53 AM	12:40 PM

- Mile Marker
- Relay Leg
- Kilometer Marker
- Fluid Station
- Energy Gel Station
- + Medical Aid Station
- Restroom
- Relay #4 Course



RELAY LEG 5

Fifth Leg Details:

Relay leg distance: 5 miles

Start of relay leg #5: Firestone CLC - 1565 Fairfax Rd

Finish of relay leg #5: Finish Line - 300 S. Main St

Parking- Recommended parking location for fifth leg relay participants is the Bowery Deck at 199 Bowery St

TRANSPORTATION TO EXCHANGE ZONE

It is advised to use the shuttle service provided to the fifth leg Relay Exchange Zone due to limited parking and road closures. Runners can find the shuttle busses located on Exchange St at S. Main St. The shuttle departure times begin at 7:30 AM and end at 11:15 AM for this leg.

ARRIVING AT EXCHANGE ZONE

Upon arriving at your Relay Exchange Zone, proceed to the numerical staging area as instructed by a race volunteer. Spotters will be calling out the last three numbers on your bib as your teammate approaches the exchange zone. PLEASE KNOW YOUR BIB NUMBER.

FINISH LINE

After you cross the Finish Line on Main St., stay to enjoy the Finisher Festival, receive your post-race food and beverages, and rejoin with your team members.

