

GOODYEAR 10K & HALF MARATHON

AUGUST 9-10, 2024

PARTICIPANT AND SPECTATOR GUIDE

***Information not final. Final Instructions available two weeks prior to race day.**

IMPORTANT ADDRESSES

Packet Pickup: John S. Knight Center - 77 E Mill St, Akron

Race Day Parking: Goodyear Parking Deck - 160 S. Seiberling St, Akron

Start: Goodyear Proving Grounds (Test Track) - S. Seiberling St

Finish: The Goodyear Tire & Rubber Company - Innovation Way



TAKE A LOOK INSIDE

Page 2: Packet Pickup / Parking
Page 3: Start Line
Page 4: Spectators & Accessibility
Page 5: Course
Page 6: Finish Line & Finisher Festival
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RACE WEEKEND AT A GLANCE

Friday, August 9

11:00 a.m. - Packet Pickup opens

7:00 p.m. - Packet Pickup closes

Saturday, August 10

5:30 a.m. - Race Announcements

6:30 a.m. - Half Marathon & 10k Start

10:30 a.m. - Course Closes

11:00 a.m. - Venue Closes



PACKET PICKUP

SCHEDULE

Date: Friday, August 9, 2024
Time: 11:00 a.m.- 7:00 p.m.

LOCATION

John S. Knight Center
77 E Mill St., Akron

Bib Information

Make sure to pin your bib on the front of your shirt with the provided safety pins. This is crucial for accurate timing and the best race photos. Your race number is linked to your registration data, so it **MUST** be yours. Participating under someone else's number could cause major problems for all participants and organizers.

Proper information on your bib will help medical staff identify and treat you if necessary, and it also guarantees that race results and awards are correct. And remember: take care of your bib! Any creases or cuts could ruin your timing device.



Race Day Parking - Where to Park - Map on page 8

All lots and decks located at The Goodyear Tire & Rubber Company are free of charge race morning. There will be parking attendants on-site to help guide you where to park.

Direction of Travel

*From the east (Youngstown): From I-76 West - Take exit 26 for E. Market St./OH-18 toward OH-241/Mogadore Rd. Take a slight right onto OH-18 W/E. Market St. Turn left onto S. Seiberling St.

*From the north (Stow): From Route 8 South: Take I-76 East. Take exit 25B toward General St./Brittain Rd. Continue straight onto Englewood Ave. Turn right onto S. Seiberling St.

*From the west (Fairlawn): I-77 South: I-77 / I-76 E. Take exit 25B toward General St./Brittain Rd. Continue straight onto Englewood Ave. Turn right onto S. Seiberling St.

*From the south (Canton): From I-77 North: Take I-76 East. Take exit 25B toward General St./Brittain Rd. Continue straight onto Englewood Ave. Turn right onto S. Seiberling St.

Drop Off Location

From Market St, take Massillon Rd south to Seiberling Way. Turn right and drop off at the first circle at Eagle St and continue driving around the circle to exit the way you came. Participants will walk down Eagle St and turn left on S. Seiberling St to head to the start.

*NO DROP-OFF at the Goodyear parking deck due to the one-way traffic pattern into the deck until 6:30 a.m. race morning.

WELCOME TO THE PROVING GROUNDS

START LINE

Corrals

Both the 10k and Half Marathon participants will line up in the corral together based on pace. Pace signs will be along the corral indicating where to line up. There will be various entrance points along the corral.

Wave Start

The Half Marathon and 10k will have a combined start. The race will start in 8 separate waves. There will be 250 participants per wave. Each wave will be walked up to the start line, held for 1 minute, and have their own starting commands. Waves are based on pace. There will not be a separate start for the 10k.

Restrooms

Portable restrooms will be located inside the test track and at the finish line. Portable restrooms will also be located after each fluid station along the course.

Arrival to the Start Line

For a hassle free arrival to the start line, plan to be in the parking deck prior to 5:30 a.m. to give ample time to walk to the start line located inside the test track, which is approximately 1/2 mile.

Information

For our participants' convenience, an Information Booth can be found in the Goodyear parking deck on the ground level, inside the test track, and at the finish line on the plaza, post race.

Lost and Found

All items left at the event will be taken to the Information Booth located in the plaza. Items will be held for two weeks following the event. The Akron Marathon is not responsible for lost items.



SPECTATORS & ACCESSIBILITY

Spectator Information

Spectators have many great opportunities to see participants multiple times with very little walking.

Spectators who choose to go to the start line have two options.

Option one: Spectators can watch the start inside the test track and see participants again as they exit the test track at mile 1. Please note if you choose to stay inside the test track for the start you have to remain inside the test track until the last runner exits (approximately 20 minutes after the start)

Option two: Exit the test track just prior to the start and watch participants as they exit at mile 1.

Spectators can remain outside the track to watch your participant again at mile 4.1.

Head .3 miles north to see your participant cross the finish line.

Spectators who choose not to watch the start of the race can remain near the finish line. You will see participants at mile 1.3. Walk .2 mile south to the traffic circle to see them again at mile 4 and then head back for the finish.

Visit any of the Food Truck options at the Finisher Festival. Food Trucks will be available starting at 6:30 a.m. until 10:30 a.m.

*Participants and spectators should choose a meeting location prior to the race, to meet up at after the race.

Accessibility Information

Guide Dogs & Service Animals

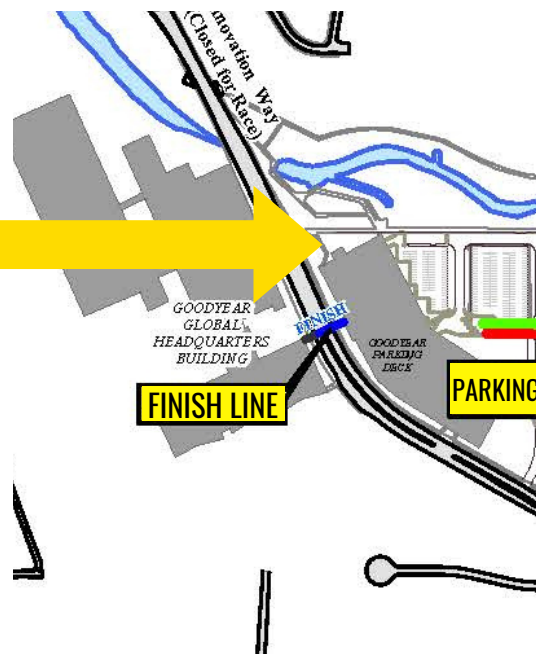
Pets are not permitted on the course or at the Finisher Festival, however, approved guide dogs and service animals are permitted.

Parking Accommodations

Accessible parking with a wheelchair accessible elevator is available in the Goodyear parking deck.

KultureCity: Sensory Inclusion

The Akron Marathon has teamed up with KultureCity to help those who may need additional support in the race environment. Sensory bags will be available at the Information Booth located at the Start Line & Finish Line.



COURSE

Details

The Goodyear Half Marathon & 10k are certified USA Track & Field sanctioned courses. The course is run on paved asphalt and concrete streets. Participants are responsible for knowing the course. Please note the 10k will split off from the Half Marathon on Triplett (mile 4.9) while the Half Marathon will continue straight on Triplett.

Provisions

Restrooms: Portable restrooms will be available at the start and finish lines. Portable restrooms will also be located on the course just past each fluid station.

Fluid: There are 9 fluid stations, 4 for the 10k. As you approach a fluid station, sports drink will be available first followed by water. It is recommended to carry your own fluid. There will be an area to refill bottles at the end of each fluid station. We do not recommend taking food or fluids from non-official locations.

Gel: Energy gel will be provided at mile 9 along the Half Marathon course. Participants that require energy gel at different times should plan to be self-supported.

Medical: There will be medical at the start and finish lines. There will also be 3 medical stations along the half marathon course, 2 on the 10k route. Summa Health will provide all medical assistance during this event.

The medical aid stations will be equipped to assist participants with any basic medical needs and will also have a supply of Band-Aids and Vaseline, if needed. For medical emergencies, an ambulance will be called to transport the participant to a local hospital.

There will be NON-MEDICAL aid shuttles to transport participants, who choose not to continue the race, from the aid tents back to the Finish.

NSAID's (Non-Steroidal Anti-inflammatory Drugs such as Advil, Aleve, Ibuprofen, etc.) are not recommended the few days before the race and will NOT be provided at the aid tents. NSAIDs, especially in a dehydrated person, can adversely affect the kidneys and can increase the risk of hyponatremia (low blood sodium) Tylenol will be available.

Course Limit

The 10k course is open for 2 hours; 19:19 per mile pace. The Half Marathon course is open for 3.5 hours; 16:00 per mile pace. Course closure is based on when the last person crosses the start line. Those who fall behind course closure times will be asked to move to the sidewalk or board the SAG (end of race vehicle). The finish line, medical aid stations and fluid stations will remain open for a 19:19/18:20 pace and close on schedule.

Prohibited

For the safety of our participants, the Akron Marathon does not permit: pets, skateboards, scooters, strollers, baby carriers, bicycles, roller blades, or any other types of vehicles (other than official race vehicles) on the course. With the exception of service dogs, pets are not allowed in the start/finish line area. Please do not bring or carry any of these items with you. The Akron Marathon reserves the right to disqualify and remove anyone from the course who has any of the above items or does not act in a safe manner.

Unauthorized Participants:

Non-registered participants are not permitted to run or walk within the boundaries of the official race course. It is important that family and friends NEVER cross the finish line or enter the finish zone which begins approximately 2/10 mile before the finish. Course monitors and police will be stationed throughout the course; ensuring only registered participants are on the course. Please be sure your race number is visible from the FRONT at all times during the race.

Signage

There will be a Blue Line on the streets to mark the entire course. Critical turns will be manned by police or volunteers. Please look for color coded signage which corresponds with bib color, blue for Half Marathon and yellow for 10k, at the split for the Half Marathon and 10k. There will also be signage along Seiberling and Innovation Way to keep finishing 10k participants to the left and Half Marathon participants to the right. Feather flags will mark each mile.



FINISH LINE

Finish

The finish line awaits in the middle of Goodyear World Headquarters.

After participants cross the finish line, they will receive a commemorative medal, water, sports drink, banana, and chocolate milk.

Race Photos

Photos will be taken at the finish line. An email will be sent to participants the week following the race when photos are ready to be viewed.

Lost and Found

All items left at the event will be taken to the Information at the Finisher Festival. Items will be held for two weeks following the event. The Akron Marathon is not responsible for lost items.

Results and Awards

Awards Presentation

The awards will be presented at approximately 8:30 a.m. for the 10k and 9:00 a.m. for the Half Marathon. For both the Half Marathon and 10k, the overall top three men and women and top three master's men and women will receive awards. Those who win an overall award will be taken out of the age group division. Masters athletes who place in the top three overall will be taken out of the masters division. You are eligible to win awards only for the event in which you are registered.

Age Group Awards

Top three male and female finishers in all age categories will receive awards for both the Half Marathon and 10k: 19 and under, 20-24, 25-29, 30-34, 35-39, 40-44, 45-49, 50-54, 55-59, 60-64, 65-69, and 70+. You can win only one award, those who win an overall award will be taken out of the age group division. Awards will be mailed 6-8 weeks after the race.

Non-Binary Awards

Top three overall finishers, based on chip time, will receive an award. Awards will be mailed 4-6 weeks after the race.

FINISHER FESTIVAL

Participants will receive a food ticket valid for one item at our food trucks inside the Finisher Festival. Participants may pick from a Galley Boy, Cheeseburger, or Salad Boy from Swensons, a 6 oz. Acai Smoothie Bowl from Sandy Bottom Bowls, or an egg and cheese breakfast sandwich ; additional items may be purchased. Vegan and gluten free bags are available at the ice cream tent.

Food trucks are available to participants and spectators.

Once you clear the chute and receive your finishing items, you'll enter the party at the finish! You'll have room to cheer on other finishers, jam out to the band, and redeem food and drink tickets.

Participants receive two drink tickets that can be redeemed for beer or soda. Beer cannot be taken outside of the Finisher Festival area.



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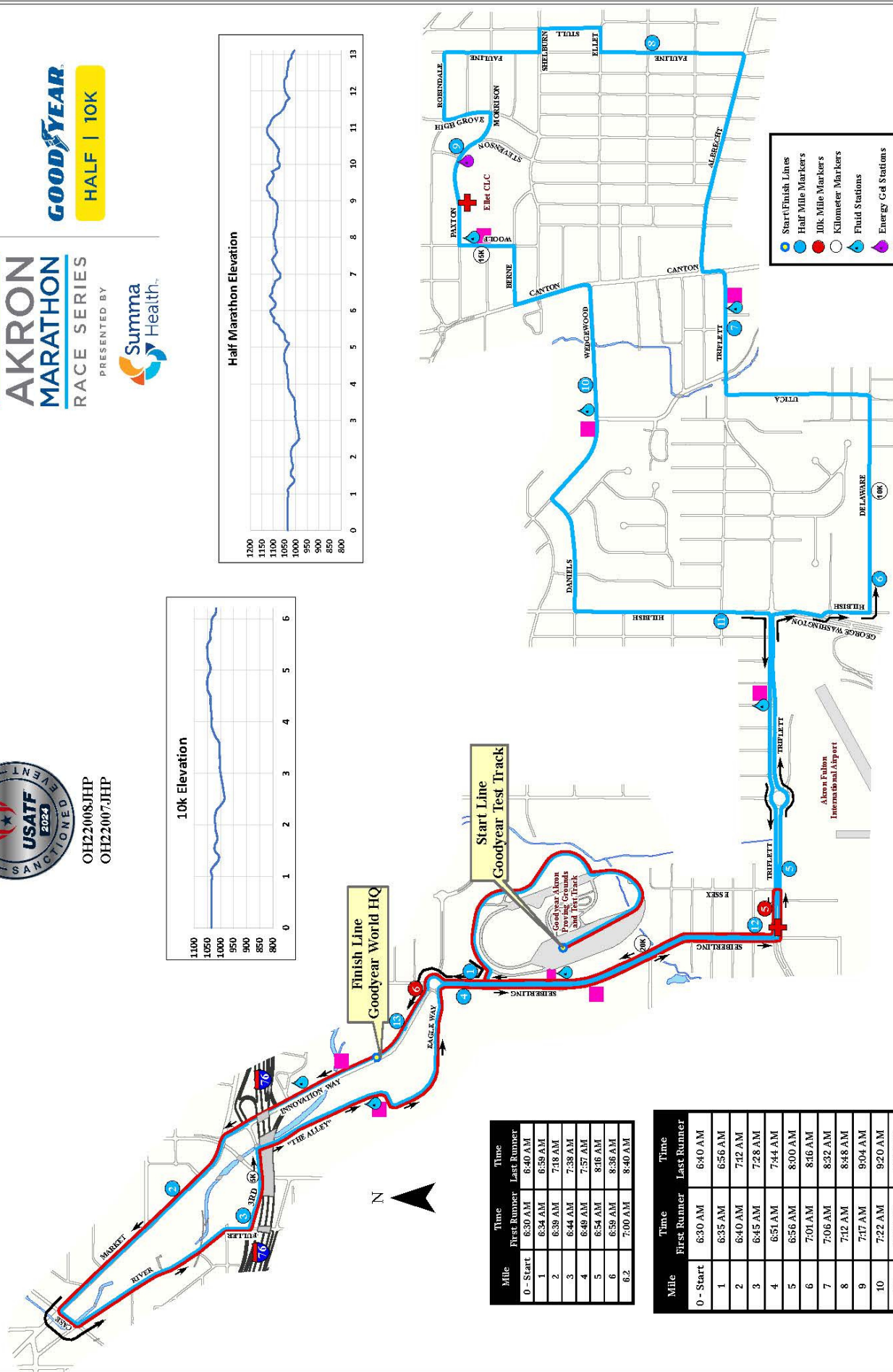
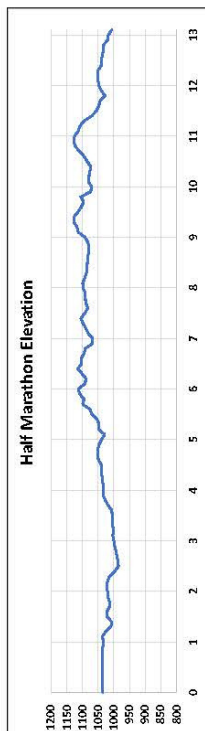
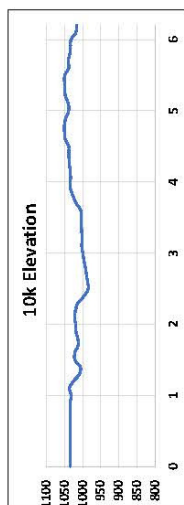
**AKRON
MARATHON**
RACE SERIES

PRESENTED BY



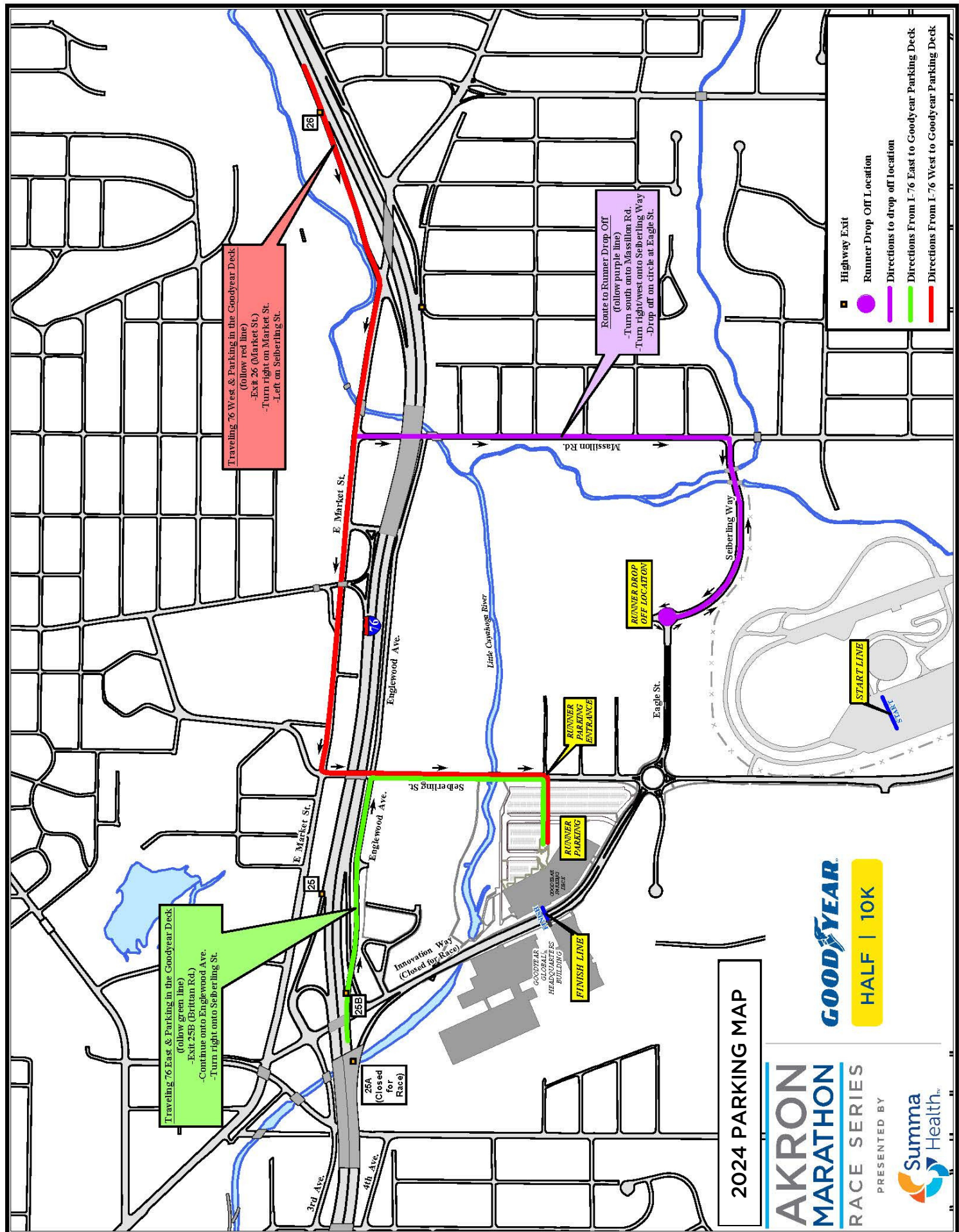
GOODYEAR

HALF | 10K



Mile	Time	
	First Runner	Last Runner
0 - Start	6:30 AM	6:40 AM
1	6:34 AM	6:59 AM
2	6:39 AM	7:18 AM
3	6:44 AM	7:38 AM
4	6:49 AM	7:57 AM
5	6:54 AM	8:16 AM
6	6:59 AM	8:36 AM
6.2	7:00 AM	8:40 AM

Mile	Time First Runner	Time Last Runner
0 - Start	6:30 AM	6:40 AM
1	6:35 AM	6:56 AM
2	6:40 AM	7:12 AM
3	6:45 AM	7:28 AM
4	6:51 AM	7:44 AM
5	6:56 AM	8:00 AM
6	7:01 AM	8:16 AM
7	7:06 AM	8:32 AM
8	7:12 AM	8:48 AM
9	7:17 AM	9:04 AM
10	7:22 AM	9:20 AM
11	7:27 AM	9:36 AM
12	7:33 AM	9:52 AM
13	7:38 AM	10:08 AM
13.4	7:39 AM	10:10 AM



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GOODYEAR

HALF | 10K



*Spectators will not be able to exit the Proving Grounds between 6:34am and 6:58am while race is in progress.

**TEST TRACK
ENTRANCE**

No spectators or runners south of the test track entrance prior to the start of the race due to vehicular traffic. Please warm up inside the test track or north of the test track entrance.

Seiberling St.

Info

- 18 min pace

- 10 min pace

Participants Only

- 8 min pace

Stage

VIP

START LINE

Spectator Viewing Area

Restrooms

Restrooms

No Spectators
This Side

- Mile Marker
- Walking Directional Arrows
- Walking Path
- Goodyear Proving Grounds Fence
- Restrooms

2024 FINISH MAP

AKRON MARATHON
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GOODYEAR

HALF | 10K

N



Covered Walking Path

INNOVATION
CENTER-A

Restrooms

Chocolate Milk
Bananas
Sports Drink
Water
Medals

RUNNERS ONLY

Sandy Bottom
Bowls
Ice Cream
Swensons
Beer Trailer

MEDICAL

PARKING
GARAGE

Info Volunteer
Check-In

PR Bell

Roll by
Goodyear

Band

FINISH

BRIDGE / VIP

To Start Line
inside test track

GLOBAL
HEADQUARTERS
BUILDING

- Tables
- Restrooms
- Medical Tent
- Food Vendors
- Runner Services
- Vendors
- Half Marathon & 10k Course